



5020 News

Dec.-Jan. Newsletter for Rotary Dist.
5020: Pacific Northwest Coast



A Word from DG Erik

Our similarities are greater than our differences

Greetings Everyone!

During this winter season when so many of our world's cultures recognize and celebrate significant events in their histories I am often struck with the similarities we share, no matter our origins and traditions. In all of the world's great religions the yearning for peace, both individual and societal, holds a place paramount to all others. We Rotarians understand and accept the importance of the goal of peace in our world. We also understand that there can be no peace where hunger, sickness and illiteracy exist; and so, through our ongoing projects and programs, we continue to work to make a difference in our world by feeding the hungry, healing the sick and educating the illiterate.

It's during these festive holiday times that I find myself most humbled by the great good fortune of living in a culture that is rich in so many ways. I also understand that it is through no effort of my own that I do live here and that understanding helps support an inner compassion that calls for service.

As Rotarians we have many opportunities to support programs and projects that make real differences in the lives of those less fortunate than us and that is what Rotary is really all about. At this



Erik & Marnie Frederickson

year end may I ask you to consider a contribution to our own Rotary Foundation as a way of expressing your gratitude for the many blessings we enjoy. I understand that many have already contributed this year and I thank you for that, but please consider digging a bit deeper and give again. We know that our contributions make a real difference in the lives of people around our globe and during this holiday season, I believe we can gain an inner peace through the understanding that an action we took helps someone else. The need is great and growing – we can and do make a difference.

Erik Frederickson

Area 8 report: Working together in Pierce County area



Left to right: Sumner President David Hammermaster, Tacoma 8 President Pete Taylor, Sumner Past President (1969) Dr. James Duffy and PDG James Harris are all smiles after Tac 8 awarded a Paul Harris to Dr. Duffy.

Clover Park, Fife-Milton, Lakewood, Parkland- Spanaway, Puyallup, Puyallup South Hill and Sumner

SUMNER ROTARY CELEBRATES 80TH BIRTHDAY

Founded in 1926, we were the second Rotary Club in Pierce County with Tacoma 8 Rotary sponsoring us. Our "birthday bash" Nov. 21 included as guests Assistant Governor Dave Covey, Rotary Tacoma 8 President, Pete Taylor and Past District Governor Jim Harris. Sumner Rotary has maintained a proud tradition of community involvement both at the local level and internationally.

Recently Sumner Rotary completed a long term project in acquiring and delivering a mobile medic unit (large motor-van) to the people in Mazatlan, Mexico. Locally Sumner

raised money and built a very large sports complex comprised of one full-sized baseball field, two smaller baseball fields, outdoor basketball court, tennis courts, and sand volleyball court. That project took several years to complete, but has seen tens of thousands of children and adults in various sports and social activities.

Sumner Rotary's oldest project was the acquisition of a piece of property where a Scout hall was built. Both the Boy and Girl Scouts use this hall for their meetings. It has been well maintained and is often used for additional children-based events. Sumner Rotary has also completed the purchase of a building for a local food bank organization and now we're in the process of completing another small park in Sumner. In 80 years of existence, Sumner Rotary has contributed much to a great community and is looking forward to another great 80 years.

AG's Note: As evidenced by the participation of the entire community in Sumner Rotary's annual golf tourney, Rotary is not a secret in Sumner!

COURAGE CLASSIC

In 1992 Tacoma's Mary Bridge Children's Hospital, together with the Rotary Clubs of Pierce County, decided to create a fundraising bike ride. It was specifically designed to benefit the Children's Sexual Abuse Center. To stop the cycle of abuse and to get children well again, a very challenging "three mountain passes in three days" bike ride was established.

That was 15 years ago. Last August with the Pierce County Rotary Clubs supporting rest

stops on Snoqualmie Pass, Blewett Pass and Stevens Pass, over \$625,000 was raised for Rotary's Children's Trust Fund. Amazing! 500 riders, each raising on average \$1,250 ea. In those 15 years, the Trust Fund now has climbed up to \$4.2 million!

CENTENNIAL BUS SHELTERS

In 2005 all across the world, Rotary Club's tackled "Centennial Projects" in their communities. In addition to individual Club projects, Areas 7 & 8 worked together with the local transit authority, to provide more bus stop shelters. By the end of our Centennial year, the official Rotary Centennial logo was displayed along our counties roads from Puyallup to Gig Harbor.

MOROCCO WATER PROJECT

Puyallup Rotary's Dr. Michael Spiger fell in love with Morocco as a child when his Dad was in the Air Force and stationed there. He now spends about one third of his time in Morocco working with local Rotarians and health officials. To date, Puyallup Rotary (with the help of a few Pierce County Rotaries) has shipped over three 40-foot containers with health supplies including wheelchairs.

The Al Hoceima region has been a poor rural region of Morocco, but a few years ago, it was hit by an earthquake. Dr. Spiger has been involved together with the government of Morocco to rebuild schools and individual homes. Needed is a water system!

Together with Clover Park, Fife-Milton, Lakewood, Parkland-Spanaway, Puyallup, Puyallup South Hill, Sumner Rotary and 2 Moroccan Clubs, Rotary International is responsible for a \$55,000 water system this summer. A group of Rotarians will leave for Morocco this May to tour, live in Rotarians' homes and see the project.

AREAS 7 & 8 PRESIDENT'S COUNCIL

It doesn't sound that exciting, but boy, do the

ideas fly! Meeting once a month, our Presidents and President-Elects have learned a lot from each other. Partnering is always just around the corner... or a wine & cheese gala!

PUYALLUP ROTARY HOLIDAY GIVING

Puyallup Rotary & the Puyallup Kiwanis had a joint meeting on Nov. 22 to help support three local food banks, "All Saints/ FISH / Salvation Army." This has been an ongoing tradition for several years. Rotarians were able to contribute over \$3,200 and 120 bags of groceries while Kiwanians were able to donate \$1,500 and an entire pickup truck full of blankets.

FIFE-MILTON ROTARY'S FALL

Fife-Milton Rotary hosted a fun dinner-auction this Fall netted over \$6,000. They kept their costs down, got everyone's involvement procuring and attending, a member was the auctioneer and they worked a sweetheart of a deal with a local retirement facility for the location and dinner! It was such a good contract they also netted a new member. Fife-Milton will be adopting a family through the Fife-Milton Christmas tree and helping a family get food, clothes and presents. Too bad the weather has turned cold, because Fife-Milton Rotary has become famous for their snow cones at the Courage Classic and at community events!

PUYALLUP SOUTH HILL HOSTS WINE & JAZZ GALA

Puyallup South Hill Rotary decided to take a risk. We have never had a formal event, so our Club decided to host one—South Hill's first formal Black Tie (optional) event.

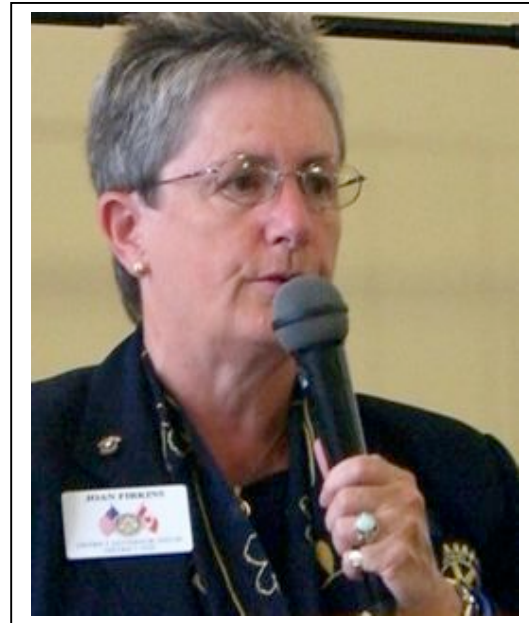
Combining wine tasting with fine jazz music and some genuine Rotary friendship, we're hoping it will become a tradition. And, from all accounts, we succeeded. Nov. 18 was the date, hosted at the newly acquired Pierce County Meridian Habitat. A modest fundraiser in our first year, but oh, what fun!

Darren Motemedey was wonderful as we sipped the finest reds and whites presented by Andy House Higgens, Wine Coordinator from Top Foods in Puyallup. Thanks to the generosity of Ron Bashaw and his South Hill Associates to sponsor the event. Andy and his crew helped us “taste” wines ranging from \$3 to \$150 per glass. Along the way, Andy provided information which helped us appreciate wines and how far away we were from becoming “connoisseurs”. It was a wonderful and a magical evening one we will not soon forget. We encourage other clubs considering such an event. The fellowship with fellow Rotarians and guests made it a success in itself. Stay tuned, you're invited to next year's Wine & Jazz Gala!

PARKLAND-SPANAWAY

Parkland-Spanaway did a great job on the Courage Classic this year with over 60 percent of the members participating up on Snoqualmie Pass. They also had a team of three riders who raised money for Mary Bridge Children's Hospital separately. Membership grew last year and their Paul Harris giving was a huge increase over previous years and ended up 221 percent of goal. President Lew Samdal is a soft spoken Nordic construction company owner (is that possible?) and the Club is doing well. On DG Erik's visit, we attended a very organized Board Meeting run efficiently. Their total giving to Paul Harris is right up there as one of the top Clubs in the District.

Each Spring Parkland-Spanaway hosts RYLA at Pacific Lutheran University. Past President Dave Olson is the former Athletic Director at PLU and has made sure all goes well every year for RYLA. It's a wonderful opportunity for high school students. Every Club in 5020 should be sending someone... and they could be related! Like a daughter, son, grandchildren, for example.



Foundation at work

By Joan Firkins, District Foundation Chair

While all of us are enjoying a plentiful Christmas season let's think about the people in the world who will go hungry. The thought of the week should be about Rotarians' efforts to alleviate hunger through World Community Service. Rotarians have rallied to the aid of nearly 3.5 million people affected by famine in Niger, one of the world's poorest countries. To that end, the two Rotary clubs in Niger, both based in the capital of Niamey, have set up a crisis committee and a bank account to coordinate and facilitate relief efforts. In addition to contributing approx. U.S. \$1000 toward a disaster fund, the Niamey clubs are helping with the collection and distribution of emergency relief, including bags of rice from Rotary clubs in Cote d'Ivoire, and mosquito nets from Dakar, Senegal. The crisis committee is also working on procurement and transportation of food items, creation of cereal banks, a food exchange program and the purchase of life-saving medicine.

We need to remember that even small gifts make a huge difference to people in need.

The fight against polio continues

**Rotarians take trip of
lifetime to save lives
Polio immunization effort
helps babies in Ethiopia**

**By Maureen Fritz-Roberts
District 5020 Membership Chair**

Two Comox Rotarians were privileged to participate in the national immunization day against polio in Ethiopia this October during a two month visit to Africa. "Rotary set a goal 20 years ago to see polio eliminated from the planet. We're almost there and I'm just so glad to have had the chance to place that vaccine in the mouths of those babies," said Dale Roberts. Ethiopia had been polio free for a number of years but saw a recent reintroduction of the disease from Nigeria where religious concerns stopped immunization for a year and a half.

"The most positive impact that I saw from the Rotary-led initiative against polio is that Ethiopia now has a health and immunization network in place that did not exist 10 years ago," commented Maureen Fritz-Roberts, also a Comox Rotarian. "The infrastructure and procedures that were introduced to eradicate polio have resulted in all of the



**Maureen Fritz-Roberts immunizes a child
with drops of medicine in Ethiopia.**

young mothers having an immunization card for each of their babies. Now they are getting increased proper medical care and childhood diseases are being reduced. It would not have happened without the Rotary initiative against polio."

Since the start of the Rotary polio campaign the incidence of polio has decreased by more than 99 percent. Before eradication efforts began in 1988, polio paralyzed more than 1,000 children a day. Only four countries are still polio endemic — an all-time low: Nigeria, India, Pakistan, and Afghanistan. Rotary International is the spearheading member of the Global Polio Eradication Initiative and is the largest private sector donor. It has contributed more than US\$600 million to the polio eradication activities in 122 countries

During their time in Africa the two Rotarians were also able to witness and participate in a number of Rotary projects to improve the lives of some of the most impoverished and disadvantaged people on the planet. They were able to see clean water arrive in villages where water had previously been either unsafe or a horrendous task to

transport. They were able to help supply books and desks to schools and supplies to medical facilities. They were able to witness housing for the homeless, small enterprises to provide income to women and families and agricultural initiatives, all through the efforts of ordinary Rotarians.

"The great thing is that all of the Rotary projects happened as a result of cooperation between the local Rotarians in the affected countries and the supporting Rotarians in the rest of the world," said Maureen. "That way the impetus for the projects come from the countries that need the help, rather than the perceived needs from outside and because the money goes directly from Rotary club to Rotary club there is no loss to corrupt governments or administration costs."

During their time in Africa, the pair visited projects in Ethiopia, South Africa, Swaziland and Zimbabwe. The Comox Rotary Club has been particularly involved with projects in Zimbabwe and recently forwarded a 40' container of school supplies and medical supplies to that devastated country.

Both Dale Roberts and Maureen Fritz-Roberts are available for presentations at any service clubs or organizations who would like to discover more. There are some great opportunities to contribute to projects in Ethiopia and they'd like to share this information along with about 3000 photos! Maureen says that she would particularly like to speak to women's groups about the opportunity to help the 100,000 women who suffer from obstetric fistulas.

Maureen and Dale can be reached at 250 - 897-3606 or by email at mofritzroberts@shaw.ca

PolioPlus Celebration Dinner & Regional Rotary Foundation Seminar

PolioPlus Celebration Dinner
Friday
January 19, 2007
6:00 PM reception
7:00 PM dinner

**Zone 22 Regional Rotary Foundation
Seminar**
Saturday,
January 20, 2007
8:30 AM to 4:00 PM

Delta Vancouver Airport Hotel
3500 Cessna Drive Richmond, BC, V7B 1C7

KEYNOTE SPEAKER Bob Scott

Rotary Zone 22 (West)Includes Districts
5010, 5020, 5040, 5050, 5060 5080, 5360,
5370, 5550

A PolioPlus Celebration Dinner and a Zone 22 Regional Rotary Foundation Seminar will be held in Vancouver (Richmond) on January 19/20, 2007. Rotarians from Western Canada, Alaska and the Pacific Northwest of the USA are invited to these two exceptional events.

PolioPlus Celebration Dinner: For more than 20 years Rotary has been the driving force of

More on Polio Plus Celebration

the coalition of organizations that are committed to the eradication of polio. The world is NOT polio free - however the end is near. There are only four polio endemic countries. More than 99% of the world's children are not at risk of contracting polio.

On January 19, 2007 we will celebrate our success and recommit to the promise Rotarians made to the children of the world that - "*they will grow up in a polio free world*".

Seminar: This is a unique opportunity for Rotarians to participate in a regional seminar with a variety of experienced presenters from Canada and the US.

Seminar Agenda

Update on TRF Grant Policies

How to increase Club & District Donations

EREY - Every Rotarian Every Year

Status of Polio eradication

Humanitarian & Education Programs update

Changes to Ambassadorial Scholarships

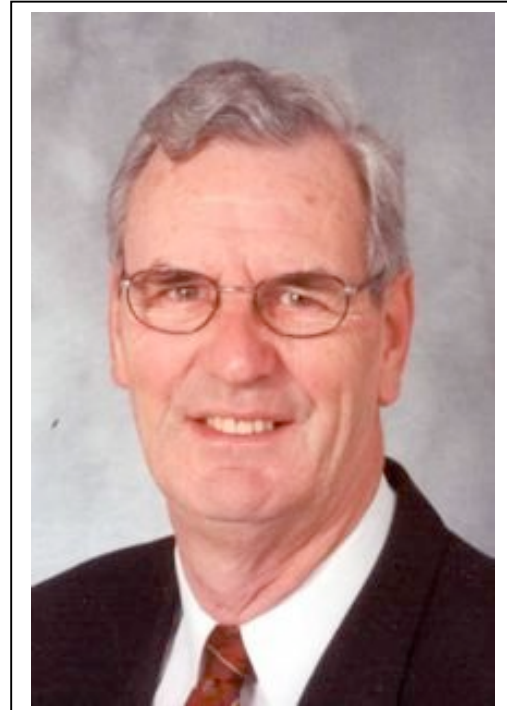
TRF Resources- where to find them

Donor Recognition

Volunteer Grants

Foundation Alumni

The Rotary Foundation – Canada



KEYNOTE SPEAKER: Bob Scott

Dr. Bob Scott is a Trustee of the Rotary Foundation and chair of The Rotary Foundation - Canada. Bob Scott spearheaded the three year Polio Eradication Fundraising campaign that raised more than US\$180 million worldwide. He is the chair of Rotary's PolioPlus Committee. Bob has been a member of many International Committees and Task Forces. He has taken part in Polio National Immunization Days in India, Pakistan, Nigeria and Egypt.

HOTEL ROOMS

Preferred Hotel Room Rate Rooms are available at a preferred rate of C\$99.00 (approx. US\$90.00) plus tax. The rate includes parking and airport shuttle. For reservations phone: in Canada 1-800-268-1133, in the US 1-800-877-1133 or direct line at 604-278-1241 and quote "*Rotary International*". This rate is only available until Dec. 20, 2006.

More on next page...

More on Polio Plus Celebration

PolioPlus Celebration Dinner - C\$80.00 per person - all funds raised will support PolioPlus Partners.

Foundation Seminar - C\$40.00 per person - the seminar fee includes parking, coffee breaks, lunch and all resource materials.

Registration Please download the registration form. Pre-registration and pre-payment for these events is required. Both events are expected to be sold out well in advance. No tickets will be sold at the door.

For registration and information contact RRFC (PDG) Leigh Higinbotham at 604-263-0033 or leigh_higinbotham@telus.net or PDG Chris Offer at 604-940-9365 or offer@telus.net.

Report from Uganda

Jen and Brent's report

December greetings from sunny Uganda. Well no one should be able to complain that we've been bombarding you with e-mails as threatened. Instead, the monthly updates have turned into quarterly at best it seems. With my thesis due in a little over a month, an ongoing process of job interviews for a position I've applied for in the north of Uganda, and Brent up to his eyeballs with end-of-year budgets, monitoring, missions, etc. I doubt you would have even been getting an update now if I were not bedridden with malaria.

Yes, you read right. After a week of various not-feeling-that-hot symptoms, my body decided to feel VERY hot indeed yesterday, then very cold, with every ache imaginable, and all the other fun symptoms that come with this infamous disease. Brent finally made it back from camp in time to take me – completely lethargic and wrapped in a huge blanket - to one of the small clinics in town where my finger was pricked and the diagnosis was confirmed. I then finally allowed myself to take some “Panadol” (Paracetamol/Tylenol) for the pain and to lower the fever, and within an hour I was feeling almost well again. Unfortunately that didn't last long, so after a rough night and being comatose most of this morning I've finally got the energy to sit up in bed but not much else. Hence the time to write a little update to all of you!

A lot has happened since we last wrote. There have been many long days in the settlement as Brent attended to food distributions, visiting

More from Uganda

dignitaries, protection cases, and ongoing pleading from the other agencies to be given more fuel; and I conducted interviews for my thesis. I interviewed 20 refugees from 3 nationalities, each for 2-3 one hour interviews. This formidable task may have taken four weeks straight, but with the delays of workshops, illnesses (mine, the translator's, and the interviewees'), food distribution, more workshops, rain, and transport problems, it soon stretched into double that and put me behind schedule.

So mid October we took a much-needed R&R week to lie on Lake Victoria's beaches. After that there were a couple "normal" weeks before our next excitement – four world-famous National Geographic photographers, two technical/managerial crew, and two IMC staff, coming to conduct a 10-day international photo camp in Kyaka. Now for any of you with a passion for photography or a childhood fascination with those stacks of exotic magazines in your parents' library, you may understand my anticipation for arriving idols.

The project was long and exhausting, but an unqualified success. The photos the children took were amazing. They showed a side of refugee life that an outsider could not have captured. More importantly, those images will now be shown at an international exhibition in Geneva and Washington DC for World Refugee Day. Not to mention a feature in the magazine and on the National Geographic channel around April next year. But more importantly there are now plans for a continued psycho-social photo project to be continued in Kyaka, so that a week of fancy equipment and learning a new skill aren't a mere 'tease' for these children.

Last but certainly not least, Brent and I are ecstatically anticipating our journey home for Christmas in Vermont and New Years in Victoria! It looks like it will be quite the fly-by-night visit as we're only in each place for a week, but we do hope to see as many of you as possible during that time.

Love, Jen and Brent



Zone 23/24 Institute - Coeur d'Alene

Past, present and future district leaders and partners gather at the October 12-15 Zone Institute in Coeur d'Alene including first row, Sally and PDG Ken Bose, Sandra and Past Rotary International Director Floyd Olson, PDG Don Lachata, and back row, PDG Bob Lovely, Pam and PDG Ross White, Barbara and DGN Brian Beagle, PDG Joan Firkins, DG Erik Frederickson and Marnie, Marion and DGE Norm Watts, and Carol Lachata.

Area	Club	Membership	Attendance	Area Rank	District Rank
4B	Sidney	29	127%	1	1
8	Lakewood	126	106%	1	2
1	Comox	0	88%	1	3
8	Parkland-Spanaway	60	88%	2	4
1	Campbell River Daybreak	58	87%	2	5
3	Duncan Daybreak	14	82%	1	6
7	Tacoma Narrows	39	82%	1	7
10	Twin Cities (Centralia-Chehalis)	52	81%	1	8
2B	Nanaimo North	39	81%	1	9
9B	Hawks Prairie-Lacey	43	80%	1	10
2A	Qualicum Beach Sunrise	23	80%	1	11
5	Port Townsend (Noon)	89	80%	1	12
4A	Oak Bay	60	80%	1	13
3	Saltspring Island (Ganges)	0	80%	2	14
1	Cumberland Centennial	0	80%	3	15
4A	Sooke	0	78%	2	16
7	Tacoma Sunrise	70	76%	2	17
2B	Lantzville	48	75%	2	18
2A	Parksville AM	47	75%	2	19
6A	Bainbridge Island	91	75%	1	20
6A	Silverdale	79	75%	2	21
9B	South Puget Sound-Olympia	50	74%	2	22
8	Clover Park (Lakewood)	0	74%	3	23
9B	Lacey	115	74%	3	24
3	South Cowichan (Mill Bay)	54	73%	3	25
6A	Kingston - North Kitsap	45	73%	3	26
1	Strathcona Sunrise-Courtenay	60	73%	4	27
1	Courtenay	105	73%	5	28
4B	Brentwood Bay	25	72%	2	29
7	East Grays Harbor County	21	71%	3	30
2A	Qualicum Beach	35	70%	3	31
2B	Nanaimo	90	69%	3	32
4B	Saanich	51	69%	3	33
2A	Port Alberni-Arrowsmith	19	68%	4	34
8	Puyallup	60	68%	4	35
5	Sequim	59	67%	2	36
6A	East Bremerton	77	67%	4	37
5	Port Townsend-Sunrise	42	65%	3	38
6A	Port Orchard	84	65%	5	39
9A	Shelton Skookum	50	65%	1	40
9B	Olympia	149	64%	4	41
4B	Sidney By The Sea	38	63%	4	42
10	Longview	0	61%	2	43
5	East Jefferson County	57	60%	4	44
2A	Port Alberni	25	60%	5	45
7	Tacoma	342	60%	4	46
4A	Victoria	120	58%	3	47
9B	Tumwater	51	58%	5	48
9A	Shelton	56	58%	2	49
5	Port Angeles	81	57%	5	50
8	Fife-Milton	25	56%	5	51
6A	South Kitsap	36	56%	6	52
9A	Hoquiam	34	55%	3	53
10	Kelso	69	55%	3	54
9B	West Olympia	91	54%	6	55
5	Port Angeles (Norwester)	66	53%	6	56
9A	Aberdeen	97	47%	4	57
1	Port Hardy	0	0%	6	58